

# OHNIG HISTORY

A group of occupational health nurses submitted an application to the Ontario Registered Nurses Association (RNAO) inclusive of an OHNIG Constitution and OHNIG Bylaws, to become an independent

Occupational Health Nurses Interest Group within the RNAO provincial group. There were no obstacles and RNAO welcomed OHNIG on April 2, 2003

OHNIG has come a long way from its beginnings. OHNIG operates independent from RNAO but is responsible to the governances of the RNAO association. OHNIG has an annual reporting responsibility to RNAO for actions and achievements carried out.

Through affiliation with RNAO the members of OHNIG support all professional nursing endeavors as well as promoting occupational health nursing. As an added bonus OHNIG members enjoy the many benefits offered through the RNAO.



## OHNIG

Occupational Health Nurses Interest Group



OHNIG attention RNAO

158 Pearl Street  
Toronto, Ontario  
CANADA M5H 1L3  
Phone 1.800.268.7199

# OHNIG Membership Benefits

OHNIG WEBSITE [www.ohnig.org](http://www.ohnig.org)

OHNIG Resource Advice and Career Choices

OHNIG member meetings –AGM and Planning

OHNIG Member Surveys, E-Newsletter, E-News, Networking, Conference calls, On line talks

OHNIG Member's Workshops, Credit Education Hours

OHNIG supports Canadian Occupational Health Nurses Association [www.cohna-aciist.ca](http://www.cohna-aciist.ca)

OHNIG supports the provincial Occupational Health Nurses Associations

OHNIG Members benefit as RNAO members by joining health care public forums [www.rnao.org](http://www.rnao.org)

Membership in the Canadian Nurses Association (CNA) [www.cna-aiic.ca](http://www.cna-aiic.ca)

Reduced fee to write the CNA Occupational Health Nurses Certification examination (COHN-C)

Professional Nursing Liability Program (CNPS) included with membership [www.cnps.ca](http://www.cnps.ca)

Legal Assistance Program (LAP) you can choose that provides legal representation

Additional Malpractice and Business Insurance (optional) from CNPS Plus for added protection

Group discount Insurance Plans for Personal Health, Disability, Home and Auto insurance at reduced rates

Discounts on workshops, conferences, year at a glance education calendar, Journals (2) [www.rnao.org](http://www.rnao.org)

Advance education funding resources, i.e. bursaries, grants, scholarships and fellowships

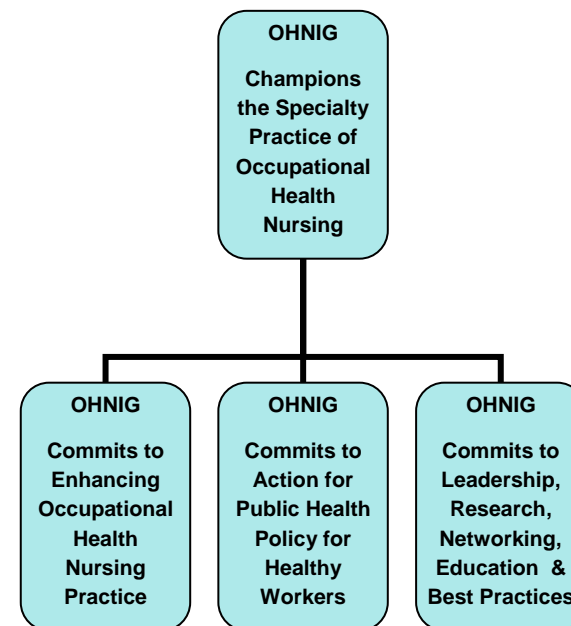
**Obtain the RNAO application and become an RNAO member. Indicate that you wish to join OHNIG**

[www.rnao.org/Page.asp?PageID=861&SiteNodeID=109](http://www.rnao.org/Page.asp?PageID=861&SiteNodeID=109)

# Occupational Health Nurses Interest Group



**ADVOCATES FOR OCCUPATIONAL HEALTH NURSES**



## Who are Occupational Health Nurses?

Occupational Health Nurses are Primary Health Care Providers that work in the workplace community and:

- Possess advanced knowledge skills In Occupational Health and Environmental Safety
- Operate as Change Agents using precautionary measures to achieve Healthy Workers in Healthy Work Environments
- Acquire Recognition in their Specialty Practice by achieving COHN-C Certification from Canadian Nurses Association

### What do they do?

- Promote life style-work balance and health coping skills to enhance worker's health
- Educate workers on the hazards of the physical demands of the work
- Provide primary care for injured and ill workers on site
- Recommend prevention measures to protect workers from risks
- Manage the recovery of injured and ill workers to determine healthy return to work
- Evaluate outcome data to justify healthy workplace programs are value added cost saving services

## OHNIG CHAMPIONS

The practice of  
OCCUPATIONAL HEALTH NURSING

### Raising the Bar!

by

- Supporting the development of highest quality professional practice standards
- Collaborating with nursing colleagues to strengthen professional nursing endeavors
- Providing leadership initiatives that deliver positive guidance for healthy workplaces
- Enhancing the image of Occupational Health Nurses in the public and community sectors
- Mentoring newcomers to Occupational Health Nursing
- Networking with colleagues to achieve awareness, to create participation, to announce events and to communicate practice knowledge
- Advocating for public health policy changes that improve worker's health in healthy workplaces
- Delivering guidance and support for research that promotes evidence based practice
- Evaluating best practice guidelines that benefit the health and safety of our clients, the workers

## Occupational Health Nurses Meet Workplace Expectations



### Occupational Health Nurses Are Change Agents that,

- Understand the workplace culture and demographics
- Provide due diligence required for legislation, regulations and guidelines
- Specialize in education specific to occupational risks in the workplace
- Coach workers in innovative Work Balance and Work Fitness efforts
- Administer emergency preparedness measures to limit exposure and provide control procedures
- Act as team members / leaders to the organization to promote health and safety policy and procedure
- Focus on proven best practice guidelines to protect workers' health
- Provide measurable outcomes indicating the benefits gained by the presence of an Occupational Health Nurses